



# The Letters of Gratitude

*Rob Martin*

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## **The Letters of Gratitude** Rob Martin

“The Letters of Gratitude” is the personal challenge to dedicate 30 days to writing the story of your life. This comprehensive journal will guide you to transform your life in one month. It beckons you to relive your most influential experiences through a lens of gratitude. How can you learn from your most painful experiences? Do you have the courage to share your whole story with those that you love? What is your darkest secret? How do you define happiness? These are all questions that Rob and Jacq answered while writing “The Letters of Gratitude”. Not only is this book a 30 day writing guide, it also contains their original, raw and un-edited journal writings. They share their story of gratitude, so that you will gain the courage to write yours.

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