



Tissue Cleansing Through Bowel Management

Bernard Jensen, D.C. with Sylvia Bell

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Considered the definitive work on the relationship of intestinal flora to tissue health, this enduring classic has sold over 1 million copies. Dr. Jensen's recommendations have motivated multitudes of people to take responsibility for their health and well-being, and his protocols have helped them find relief from numerous bowel- and tissue-related diseases.

Readers are given an in-depth explanation of the benefits of detoxification and a concise understanding of the anatomy and physiology of the bowel. A few of the various fasts and cleansing options presented include:

- * 11-Day elimination Regime
- * Master Chlorophyll Elimination Diet
- * Watermelon Flush
- * Weekly 1-Day Fast
- * Juice Fasting

The main focus of this book is on the Ultimate Tissue Cleansing System, Dr. Jensen's premier program for bowel management. This treatment cleanses and strengthens the bowel and balances intestinal flora, allowing nutrients to be assimilated more efficiently by the body. Additionally, the protocol helps to protect tissue health and the health of all internal organs. A follow-up rejuvenation schedule and maintenance program ensure continued success.

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Judy Turner:

The book Tissue Cleansing Through Bowel Management has a lot info on it. So when you read this book you can get a lot of gain. The book was compiled by the very famous author. This articles author makes some research prior to write this book. This kind of book very easy to read you may get the point easily after looking over this book.

Richard Valadez:

People live in this new day time of lifestyle always attempt to and must have the extra time or they will get lots of stress from both lifestyle and work. So , once we ask do people have extra time, we will say absolutely of course. People is human not really a huge robot. Then we inquire again, what kind of activity do you have when the spare time coming to a person of course your answer will probably unlimited right. Then ever try this one, reading books. It can be your alternative throughout spending your spare time, the actual book you have read is definitely Tissue Cleansing Through Bowel Management.

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