



# **The Child and Adolescent Athlete, An Issue of Physical Medicine and Rehabilitation Clinics, 1e (The Clinics: Orthopedics)**

*Brian Krabak MD*

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We are living in a time of contradiction where children must combat obesity due to inactivity and a variety of injuries from participation in multiple sports throughout the year. "The Child and Adolescent Athlete" provides a comprehensive, multidisciplinary state-of-the art review focusing on the athlete as a whole. Specifically, the issue will explore the impact of sports on the musculoskeletal, neurological, psychological and nutritional aspects of the child athlete.

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