



# **Make Yourself Read More: How to Motivate Yourself to Read More When You'd Rather Watch TV [Article]**

*Josh Benson*

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## Make It Happen

This article will teach you how to read more daily. This practical, no-fluff guide draws on the author's personal experience as well as proven behavioral principles. If you want to increase your reading starting now, this is your answer. (Article: 1,229 words)

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