



The Quarter-Life Breakthrough

Adam Smiley Poswolsky

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An inspiring career guide for twenty- (and thirty-) somethings to get unstuck, pursue work that matters and change the world. This book is for people who want to get paid for who they are and what they believe in. Most books and articles about twentysomethings focus on the problem: why young people are doomed, in debt, depressed, lazy, unlucky, entitled, or addicted to Facebook. Instead, Adam Smiley Poswolsky writes about the solution, so that anyone going through a quarter-life crisis can turn a moment of being stuck into a breakthrough and find meaningful work. Insightful and inspiring, **THE QUARTER-LIFE BREAKTHROUGH** shares the stories of many twenty- (and thirty-) somethings who are discovering how to work with purpose (and still pay their rent). Despite being shackled by debt, recession, and the jobs crisis—these millennials aren't motivated by money. Rather, they're driven to make the world more compassionate, innovative, and sustainable.

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