



Clean LP: The Revolutionary Program to Restore the Body's Natural Ability to Heal Itself

Alejandro Junger

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“The *Clean* program works....The wisdom and information contained in this book is deeply helpful and life changing.” —Gwyneth Paltrow

As featured on Goop.com!

From Alejandro Junger, Eastern medicine specialist, cardiologist, and head of the Integrative Medicine program at Lenox Hill Hospital (as well as a doctor at New York City’s renowned Eleven Eleven Wellness Center), comes the New York Times bestseller, *Clean*—a medically-proven program that teaches how to remove toxins, rejuvenate our bodies, and restore our natural health.

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