



# Teaching Beginning Ballet Technique

*Gayle Kassing, Danielle M. Jay*

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Teaching a beginning ballet class can be a challenge. Even dancers who have studied ballet for many years may be intimidated by the idea of teaching ballet technique. *Teaching Beginning Ballet Technique* puts new teachers at ease by explaining exactly what to teach and when and how to teach it.

The authors couple ballet pedagogy with motor learning, teaching styles assessment, and instructional strategies to offer valuable insight and advice for teaching beginning ballet. With its inviting layout and easy-to-read format, *Teaching Beginning Ballet Technique* facilitates the learning process for both the instructor and the student.

Part I gives instructors the tools they'll need to teach the content in Part II. It provides specific information about the teaching/learning process, understanding the theoretical foundations of ballet, constructing and managing the class, and assessing student progress.

Part II presents a logical, sequential plan that guides instructors through the actual teaching of exercises, steps, principles, and progressions. The authors outline four instructional units, each representing three to four weeks of a high school or college term. Each unit includes objectives, teaching strategies, assessment tools, teacher responsibilities, and performance test content. In addition, each exercise and step is accompanied by a detailed description consisting of

- a definition with pronunciation cues,
- a verbal depiction,
- arm positions,
- standard introductory movements or preparation,
- proper breathing or breath phrasing,
- teaching cues and images,
- an assessment checklist, and
- much more.

The book also contains 215 photos that illustrate proper beginning ballet technique.

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Book is to be different for every single grade. Book for children right up until adult are different content. As you may know that book is very important usually. The book Teaching Beginning Ballet Technique had been making you to know about other expertise and of course you can take more information. It is very advantages for you. The publication Teaching Beginning Ballet Technique is not only giving you much more new information but also for being your friend when you truly feel bored. You can spend your own spend time to read your book. Try to make relationship while using book Teaching Beginning Ballet Technique. You never experience lose out for everything in the event you read some books.

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