



Healthy Slow Cooker Cookbook for Two: 100 "Fix-and-Forget" Recipes for Ready-to-Eat Meals

Pamela Ellgen

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The Must-Have Slow Cooker Cookbook For Health-Conscious Couples and Busy Professionals?100 Slow Cooker Recipes Featuring Natural, Wholesome Ingredients That Are Good for Your Waistline And Your Wallet.

Watching your weight? Short on time? Looking for a slow cooker cookbook that features healthy, flavor-packed, ridiculously simple recipes that are truly “fix-and-forget”? Look no further than *The Healthy Slow Cooker Cookbook for Two*, where you’ll find nutritious, flavorful, no-fuss slow cooker recipes that will easily transform into mouth-watering meals?perfectly scaled for two.

Prepare tender fall-off-the-bone meats, coax succulent flavors from a variety of vegetables, create savory soups, stews, and more?all without a second thought.

Take back your time and discover how this for-two healthy slow cooker cookbook makes it easy to create ready-to-eat meals that keep you?and your significant other?healthy and satisfied.

The Healthy Slow Cooker Cookbook for Two preps you for hands-off cooking, with:

- 114 delicious recipes using affordable and natural ingredients
- 100 "fix-and-forget" usually with fewer than 15 minutes of prep time and 6+hour cook times
- 14 quick-and-easy sides to pair with your meals
- Color-coded nutrition labels to suit specific dietary conditions
- Substitution tips for low-sodium, low-carb, and low-cal diets

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Brad Bennett:

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Belinda Tenney:

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Mike Hart:

A lot of people always spent their particular free time to vacation or perhaps go to the outside with them friends and family or their friend. Did you know? Many a lot of people spent that they free time just watching TV, or playing video games all day long. If you want to try to find a new activity this is look different you can read any book. It is really fun to suit your needs. If you enjoy the book you read you can spent the entire day to reading a guide. The book Healthy Slow Cooker Cookbook for Two: 100 "Fix-and-Forget" Recipes for Ready-to-Eat Meals it is very good to read. There are a lot of folks that recommended this book. These were enjoying reading this book. Should you did not have enough space to deliver this book you can buy the particular e-book. You can m0ore very easily to read this book from a smart phone. The price is not to fund but this book provides high quality.

John Hawkins:

Within this era which is the greater man or who has ability to do something more are more precious than other. Do you want to become one among it? It is just simple approach to have that. What you must do is just spending your time not much but quite enough to have a look at some books. Among the books in the top record in your reading list will be Healthy Slow Cooker Cookbook for Two: 100 "Fix-and-Forget" Recipes for Ready-to-Eat Meals. This book which is qualified as The Hungry Hills can get you closer in growing to

be precious person. By looking right up and review this book you can get many advantages.

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