



**[(Health Psychology: Biopsychosocial
Interactions)] [Author: Edward P. Sarafino]
published on (May, 2011)**

Edward P. Sarafino

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Sarafino draws from the research and theory of many disciplines in order to show psychologists how psychology and health affect each other. The new edition has been updated to include new research and data. New discussions are included on health care systems. Significant new information is also presented on prevention and intervention, especially for teens' risky behaviors. In addition, international examples are included to broaden the psychologist's view of health issues around the world and highlight what works in the field. · part i an introduction: basic issues and processes. · part ii stress, illness, and coping. · part iii lifestyles to enhance health and prevent illness. · part iv becoming ill and getting medical treatment. · part v physical symptoms: pain and discomfort. · part vi chronic and life-threatening health problems. · part vii looking to the future.

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