



The Collected Papers of Milton H. Erickson

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This all-inclusive CD-ROM contains eight fully updated works of Milton H. Erickson, M.D. This easy-to-use software presents subject matter ranging from hypnosis to psychodynamics, unorthodox therapy, and mind-body healing. Erickson's experimental and therapeutic explorations with the hypnotic modality span over 50 years. This well-known pioneer's successful rejuvenation of the field can be attributed to his development of the non-authoritarian approaches to suggestion wherein subjects learn how to experience hypnotic phenomena and how to utilize their own potentials to solve problems in their own way. The editors of this text make a balanced presentation in which each volume identifies a major area of exploration. Appropriate sections within the papers are presented in a chronological order. Plus, each section has a brief introduction to the concepts of current neuroscience in order to understand Erickson's approaches to therapeutic hypnosis and suggestion. A summary of the 12 key concepts of current neuroscience and a mini-concordance of important terms shared by neuroscience and therapeutic hypnosis are presented in detail in each volume for easy reference. These papers present topics on: ? the ideodynamic action hypothesis of therapeutic hypnosis ? psychological shocks and creative moments in psychotherapy ? observation and training in therapeutic hypnosis ? dangers of hypnosis by nonprofessionals ? psychosocial genomics of mind-body healing for rehabilitation ? development of apparent unconsciousness during hypnotic reliving of a traumatic experience. These works offer creative approaches to therapeutic hypnosis, psychotherapy, and rehabilitation within the context of modern neuroscience and functional genomics. A video is also included that offers a biographical sketch and slide show on Erickson ranging from his birth in a log cabin in Nevada to his battle with polio, to his seminars and demonstrations in hypnosis.

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