



## **Evidence-Guided Practice: A Framework for Clinical Decision Making in Athletic Training**

Bonnie Van Lunen PhD ATC, Dorice Hankemeier PhD ATC, Cailee E Welch PhD ATC

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Athletic trainers must have a foundation in the concepts of evidence-based practice to deliver patient care in an effective way. It is critical that students and clinicians formulate clinical plans that will be effective for individual patients. With that goal in mind, *Evidence-Guided Practice: A Framework for Clinical Decision Making in Athletic Training* teaches the athletic trainer that evidence-based practice concepts must be incorporated into daily clinical practice.

Written in a conversational tone, Drs. Bonnie Van Lunen, Dorice Hankemeier, and Cailee Welch provide a practical and concise resource for athletic trainers to use when interpreting what the available evidence means for them and how it can be effectively applied in daily patient care.

The competencies within athletic training and other health care professions were considered when each chapter was constructed. Special care was taken to include examples that are specific to athletic training and instructional applications for educators.

#### What Is Inside:

- Types of research design
- Foundations of research and statistics
- Introduction to critical appraisal
- Concepts of validity
- Diagnostic accuracy
- Disablement models
- Patient-oriented outcome assessments
- Health care informatics

The first of its kind, *Evidence-Guided Practice: A Framework for Clinical Decision Making in Athletic Training* is the only resource athletic training students, clinicians, or other health care professionals will need to properly put evidence-based concepts into practice.



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