



# **The Best of Crock Pot Box Set (4 in 1): Delicious Low-Carb Recipes for Healthy Living (Quick and Easy Recipes & Healthy Budget Cooking)**

*Ingrid Watson, Sheila Hope, Aimee Long, Rachel Blunt*

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## **The Best of Crock Pot Box Set (4 in 1) Delicious Low-Carb Recipes for Healthy Living**

### **Paleo Crock Pot Meals: 40 Amazing Low Carb and Gluten Free Recipes and Dump Meals for a Slow Cooker**

#### **Inside You Will Learn:**

- How to Eat on the Paleo Diet
- How to Create Delicious Dinners and Desserts in Your Crock Pot
- Tips to Making Your Recipes the Best They Can Be
- How to Avoid Making Mistakes with Your Crock Pot
- Tips to Making the Paleo Diet Work Best for You When Using a Slow Cooker
- And Much More

### **Low Fat Soups and Stews: 45 Quick and Easy Low Fat and Low Carb Recipes for Your Pressure Cooker, Crockpot, Blender**

#### **Inside You Will Learn:**

- Different ways to cook soups

- Tips for making the best soups
- How to use different appliances
- Low-carb and low-fat soup recipes for blenders
- Tasty soups and stews for the pressure cooker
- Favorite Crockpot soups and stews
- And so much more

## **Crock-Pot Magic: Delicious Low Carb Slow Cooking Recipes for Healthy Living**

### **Inside you will learn:**

- What is Low Carb Diet and how your body can benefit of it
- Low Carb Breakfast Recipes
- Low Carb Lunch Recipes
- Low Carb Dinner Recipes
- Crock-Pot cooking and crock-pot top tips and recipes
- Tips and Advices
- Low carb grocery lists

## **All About Chicken: 100 Favorite Chicken Recipes to Cook in Your Crockpot**

### **Inside you will learn:**

- Learn how to get your food ready in the morning and off to the races while you are at work or running errands.
- Stretch your food budget by making even cheaper cuts of chicken taste like the more expensive breast.
- Learn how you can even make a traditional Sunday dinner with the same level of effort you use to order food on a Saturday afternoon.
- Learn company worthy recipes, family favorites and some updates to classics that will make you glad to be in the kitchen.
- Learn how to double or triple recipes so that you have a whole week's worth of meals from one cooking and never have to eat the same stuff twice.

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**Jennifer Bell:**

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