



Every Man's Survival Guide to Ballroom Dancing: Ace Your Wedding Dance and Keep Cool on a Cruise, at a Formal, and in Dance Classes

James Joseph

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Learn the basic principles common to all music, rhythm and dance, enabling you to walk onto any dance floor and perform an admirable dance, with any partner, to any music, with confidence and grace.

?This book is for non-dancers, newbies and beginners. Part guerrilla manual and part cotillion handbook, this book is an insider's guide to social dancing:

- Learn a foolproof method for hearing the beat of the music
- Learn to count music (they don't teach that in dance classes)
- Learn the correct way to count *step patterns* (dance figures--the fancy moves)
- Learn dance rhythm: *single, double* and *triple rhythm*, the building blocks of all dances
- Learn three simple *rhythm patterns* (the pattern of weight changes) that will get you through any song
- Learn the basics of leading and following
- Learn slow dancing, survival dancing, surviving the wedding dance and how to fake a dance
- 17 easy exercises (most you can do without a partner)
- Free instructional video clips at ihatetodance.com

Whether you fear dance, can't dance or hate to dance; or whether you're rhythmically challenged or just new to dance; or whether you've finished dance classes more confused than when you started, this book has the tools a guy needs to know to make his partner happy. **(Ladies, despite the title, 95% of the book's content will help you too.)**

PUBLISHER'S NOTE: This book does not teach specific dances. It's a foundation book focusing on the basics. It's a book to read before your first dance class. What you will learn is the *rhythm pattern* for 18 common partner dances because that is something to know before the first class.

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Christine Knox:

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Barbara Guevara:

Exactly why? Because this Every Man's Survival Guide to Ballroom Dancing: Ace Your Wedding Dance and Keep Cool on a Cruise, at a Formal, and in Dance Classes is an unordinary book that the inside of the publication waiting for you to snap the item but latter it will zap you with the secret the idea inside. Reading this book next to it was fantastic author who have write the book in such remarkable way makes the content inside of easier to understand, entertaining technique but still convey the meaning thoroughly. So , it is good for you for not hesitating having this ever again or you going to regret it. This phenomenal book will give you a lot of rewards than the other book have such as help improving your skill and your critical thinking approach. So , still want to hold up having that book? If I ended up you I will go to the e-book store hurriedly.

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