



Assessing and Treating Culturally Diverse Clients: A Practical Guide (Multicultural Aspects of Counseling)

Freddy A. Paniagua

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The **Second Edition** of this concise guide includes a new chapter on cultural variables in the DSM-IV. All other chapters have been updated.

The author summarizes current literature on cross-cultural mental health and provides helpful clinical suggestions for practitioners with a multicultural clientele. Among the topics explored are: cultural variables which may affect assessment and treatment across groups; epidemiological mental health data across groups; application of data from culture-specific, biased measures; and factors to consider during delivery of treatment.

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