



# Tibet's Sacred Mountain: The Extraordinary Pilgrimage to Mount Kailas

*Russell Johnson, Kerry Moran*

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- The record of a spiritual journey through an extraordinary land, and of the devoted pilgrims who seek to climb Mount Kailas.
- Two Americans recount their experiences during the sacred pilgrimage to one of the most remote places on Earth.
- With more than 100 color photographs that capture the awe-inspiring landscape and the tireless determination of the pilgrims.

In a remote corner of western Tibet, in one of the highest, most pristine places on Earth, rises a sublime snow-clad pyramid of rock and snow--Mount Kailas. To Hindu and Buddhist pilgrims this 22,028-foot mountain is the throne of the gods, the "Navel of the Earth," the place where the divine takes earthly form. For more than a thousand years these pilgrims have journeyed here to pay homage to the mountain's mystery, circumambulating it in an ancient ritual of devotion that continues to the present day. Spinning prayer wheels, chanting mantras, and prostrating themselves at shrines, the pilgrims make the arduous climb toward the physical and emotional high point of the journey, the lofty pass known as the Dolma La.

With spectacular color photography and vivid travel writing, *Tibet's Sacred Mountain* provides a stunning account of this awe-inspiring landscape, and of the variety, vitality, and sheer determination of the pilgrims who venture there. Both photographer Russell Johnson and writer Kerry Moran have made the difficult pilgrimage around the mountain several times. *Tibet's Sacred Mountain* is the record of their inspiring journey that opens a window on a magical land of pure light and dazzling color where the temporal and the eternal unite and where every feature of the landscape holds its own divinity.

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