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*Summer Accardo RN*

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## Are You Looking For A Delicious & Healthy Way To Lose Weight Fast?

The book, Juicing For Beginners, is a unique collection of healthy green smoothie recipes and juices for people seeking a safe and effective weight loss plan that doesn't hurt their health. It's the perfect companion for dieters who want to lose pounds and inches while enjoying robust health, an improved mood, stronger immune function, and delicious flavors.

This book contains unique and delicious green smoothie and juice recipes that use healthy combinations of nutrient-dense fruits and vegetables to give the you a pleasant dieting experience, while blasting stubborn belly fat.

The green smoothie and juice recipes are easy to follow, promote fast weight loss, detoxifies and cleanses, skyrockets energy levels, and helps reduce the risk for certain diseases.

In this all-inclusive green smoothie and juice recipes book, you'll also discover the science behind these unique recipes and learn how they can turbocharge your weight loss so that you live better, healthier, stronger and happier!

Each delicious and healthy recipe is quick and easy to prepare, and blends only the most unique flavors and textures that complement each other and work together in tandem to produce rapid health and weight loss benefits.

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