



More Slow Cooking For Two Recipes: 30 delicious healthy meals for busy couples

Sofia Davis

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Make delicious evening meals for you and your loved one... in half the time!

From Best-Selling Author Sofia Davis!

By popular demand, Sofia is delighted to release a sequel to her best-selling *Slow Cooking for Two Cookbook!*

This book is packed even more fantastic slow cooker recipes for busy couples that will save you time and put smiles on your faces.

When you're busy working, time is the one thing you can never have enough of. It's impossible to fit everything into one day, no matter how hard you try.

But some things you shouldn't compromise on.

Quality time with your partner after a busy day is one thing... healthy, nutritious food is another.

But what if it were possible to have both?

What if you could make simple, delicious home-cooked meals for two, in half the time, and with much less fuss, leaving you free to make the most of the evening in the company of your significant other?

Nutritional information for every recipe

Using nothing more than a crock pot and a few basic ingredients, the recipes found in this book redefine slow cooking for couples with a busy life.

These are easy recipes for two that are quick to prepare. All recipes use inexpensive, easy-to-find ingredients, and you won't be left with lots of wastage!

From classic recipes like lasagne, to exciting dishes like Spicy Chicken and Green Beans Stew and Meatballs in Balsamic Tomato Sauce, this book is an invaluable addition to your cookbook collection and offers you a shortcut into creating delicious dishes in your crock pot, saving you precious time and money.

So let's get started - scroll up and grab your copy now!

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