



Stories in Mental Health: Reflection, Inquiry, Action, 1e

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A collection of powerful first-hand stories to build empathy in students and complement *Psychiatric and Mental Health Nursing 3e*. *Stories in Mental Health: Reflection, Inquiry, Action* is an important new mental health resource. It features 27 video and audio interviews with a range of consumers, carers and clinicians that give a much-needed consumer voice to mental health care.

Working from the premise that powerfully told stories can convey lessons remembered for life, the first-hand accounts build empathy and understanding in nursing students. They also provide examples of innovative approaches to recovery-focused mental health care. Mental health units are undertaken by all Bachelor of Nursing students in Australia and New Zealand, while mental health nursing is a specialist postgraduate area. *Stories in Mental Health* is therefore a valuable tool for undergraduate and postgraduate nursing students alike. Its usefulness extends to Diploma of Nursing, midwifery, community health and emergency nursing students, plus academics, mental health educators and teaching organisations. Teaching and learning strategies are driven by the concepts of Reflection, Inquiry and Action. These strategies support each story and help nursing students develop the skills, attitudes and appropriate responses for working in a range of mental health settings. *Stories in Mental Health* is an excellent companion to Elder, Evans and Nizette's *Psychiatric and Mental Health Nursing, 3e*. These insightful videos are accessed online via the Elsevier Evolve platform. Each story in *Stories in Mental Health* features:

- An introduction
- Teaching and learning strategies - Reflection, Inquiry, Action
- Helpful internet links
- Text links - aligned to Part 3 of *Psychiatric and Mental Health Nursing, 3e*
- References for further reading
- A final word
- Transcripts of all interviews included in the back of the workbook

Workbook and online format

- Workbook - each story features:
 - Introduction
 - Teaching and learning strategies - Reflection, Inquiry and Action
 - Weblinks
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 - References for further reading
 - A final word
 - Transcripts of all interviews included in the back of the book

- The online component features all content from the workbook with videos embedded

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