



Practitioner's Guide to Take-Home Testing

Dicken Weatherby, Scott Ferguson

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How would you like to use a series of take-home tests to give your patients as "homework" between their office visits? This book presents a series of 17 take-home tests that you can give to your patients to perform in between their office visits. Patient "homework" is an important method of gathering patient data, of creating compliance, and will be a useful referral tool as well. These tests will allow you to assess for digestion, elimination, zinc status, pH regulation, hypothyroid conditions, iodine insufficiency, blood type, and food and other sensitivities and intolerances. The book is divided into two sections. The first outlines each test, with a full interpretive section, and the second section contains the handouts themselves. Each handout gives your patient the necessary instructions to accurately perform the test.

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