



Letters to My Daughter: A Mother's Journey of Healing and Transformation

Jacqueline VanCampen

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After more than two decades of living and re-living stories of abandonment and invisibility, Jacqueline VanCampen found herself divorced, depressed, and desperate to change her life for herself and her toddler daughter. Determined, Jacqueline immersed herself in everything transformation and learned that it is through listening to the Wise Heart Within that one can re-write their stories and finally experience the joy and magic of life. Excited to share her discovery and the healing tools she had gathered, Jacqueline set out to help women connect with their hearts, only to find that her 13-year-old daughter was suddenly caught in the same painful stories and needed the message Jacqueline had been called to share. In *Letters to My Daughter*, Jacqueline boldly and transparently shares her story of healing to inspire her daughter to begin to listen to the wisdom of her own heart. *Letters to My Daughter* will inspire you and call you to heal and transform your life. It is a book for daughters and mothers alike, as well as women wishing to connect with their own hearts and take charge of their happiness.

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