



Adoption Therapy: Perspectives from Clients and Clinicians on Processing and Healing Post-Adoption Issues

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A much-needed anthology addressing a variety of potential psychological and physiological concerns, *Adoption Therapy, Perspectives from Clients and Clinicians on Processing and Healing Post-Adoption Issues* is a must-read for adoptees, adoptive parents, first families, and vitally, mental health professionals. With writing by adoptees, adoptive parents, and clinicians, *Adoption Therapy* is a first-of-its-kind and wholly unique reference book, providing insight, advice, and personal stories which highlight the specific nature of the adoptee experience. Topics Include:

- The psychological dangers in leaving trauma and grief buried and unaddressed
 - The importance of community in healing the wounds of separation
 - Understanding the physical and psychological effects of transracial adoption
 - Attachment—including the inability to attach, inappropriate attachment, and the myth of Reactive Attachment Disorder
 - Conception by rape: an adoptee speaks out
 - Co-dependency, intimacy, and creating closeness
 - The life-long effects of pre- and perinatal trauma
 - Processing complex trauma, complex grief, and Post-Traumatic Stress Disorder
 - Specific concerns for Late Discovery Adoptees
 - The relationship among trauma, anger and rage, and substance abuse
 - For adoptive parents and adoptees: red flags when working with a therapist
- Laura Dennis, Anthology Editor and Author of *Adopted Reality, A Memoir*

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