



The Bank Your Time Game: Rulebook and Play Guide - Rules and Strategies For The Game That Builds Your Time Management Skills

Prakash V Rao

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Bank Your Time is a game that is also a comprehensive, goal-oriented, metrics-driven, tactical time management program. It is comprehensive in that it covers all aspects of time management. It is goal-oriented: it allows you to set targets that you can achieve. It is metrics driven in that it has ways to measure your progress and manage your adoption of the system. It is tactical: as a game, it is based on a set of tactics that you would use to reach your objectives and to win. Bank Your Time is a fun way to take control over the most important resource in your life.

This Rulebook and Play Guide gives a quick overview of the game, runs over the rules and guides you in strategies and tactics that will help you enjoy the game as much as it helps you enjoy the life it will allow you to lead.

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