



# Guiding People Through Grief: How to Start and Lead Bereavement Support Groups

William G. Hoy

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## **Guiding People Through Grief: How to Start and Lead Bereavement Support Groups**

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Guiding People Through Grief: How to Start and Lead Bereavement Support Groups William G. Hoy Filled with practical ideas for starting or growing a bereavement support group, Guiding People Through Grief provides simple directions for professionals and lay caregivers, alike. Bill Hoy overviews the grief process using his now famous "compass model" and provides straightforward advice on deciding where, when and how to start a group.

From his own experience working with hundreds of bereaved people in support groups, he explains how to deal with problem people in groups, common pitfalls to avoid, and what to do when the discussion "lags." One chapter is devoted to leading grief groups for children and teens.

With wide margins and reflective journal activities throughout, the book is an excellent manual for training new group leaders in hospices, schools, community centers, and faith communities.



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